

Statement on Use of the NanoVi™ Device

Tony Routley – Master Level Cyclist

NanoVi has no drugs involved so I was keen to try it and see what would happen. I started in May (2014) during the road and mountain bike race season.

At first I wasn't sure about the NanoVi because there was no immediate change, then I noticed something that sparked my interest, my injured ankle, which is always black and blue and sore, had cleared up. Right away and dramatically. I thought wow, look at that!

The recovery from training and racing was more subtle and took more time for me to notice. Then I got comments from friends and competitors that I was having a good year. I am 58 and racing with athletes in their 30s and 40s, there is a big age gap and I started to duke it out with guys I hadn't seen or been around in a race for quite a while. It gave me an edge for sure. I think the biggest reason is faster recovery on the training side of things – that leads to better events. Better quality of training because I was feeling fresher and more recovered. This is real, I started out skeptical but NanoVi definitely makes a difference. It really helped me train harder, feel focused and do better. Again I have to say at first I was skeptical but because of the results I got I definitely knew it was real.

Another change I noticed involved cramping. The dreaded leg cramps. I have done the Test of Metal mountain bike race in Squamish for 18 years in a row. I have a good track record and history, year after year at this race. The nature of the race course leads to a lot of cramping. I have cramped every year some years were bad and some just a little but this was the first year that I had no cramping. Not even a twinge and the race is full out for about 3 hours. I did my fastest time ever – that is a really good indicator to me that the NanoVi was doing something very positive. At my age to maintain fitness is great so getting better is fantastic.

Tony Routley



Tony Routley, Masters competitor improves his performance at age 58